

We are inviting you to join us for a free spiritual discussion —

Understanding Life from a Spiritual Viewpoint

Questions you may have like —

- ♦ *How do I handle change?*
- ♦ *What are the lessons of life?*
- ♦ *What is the true purpose of life?*
- ♦ *How can I stay balanced?*
- ♦ *A simple spiritual exercise to help in all situations!*



Discover techniques to help you explore your inner worlds

Location: Newark Natural Foods Co-op Community Room, Newark Shopping Center, 230 E. Main Street, Newark, DE 19711

Time: 6:30 – 8:00 p.m.

Date: Wednesday, January 23, 2019

EVERYONE IS WELCOME!

For more information on other events being held throughout the state, please call **1-302-322-7673** or visit www.eckankardelaware.org

Presented by Delaware Satsang Society, Inc., a Chartered Affiliate of ECKANKAR, The Path of Spiritual Freedom.

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